Welcome! We are happy to help and decide! We do not have a separate kitchen en work a lot with gluten and peanut oil and this menu also with peanuts. Traces can never be completely avoided unfortunately!

| Allergen List | gluten | nuts | soy | lactose | egg | peanut | Iupin | celery | mustard | sesame | fish | crustaceans | mollucs | sulphite |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| High breakfast | x | X |  | x | x |  |  |  |  |  | x |  |  |  |
| Mountainclimbers | X |  |  | X | x |  |  |  |  |  |  |  |  |  |
| Bircher | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Libanon Morning | X | x |  | X |  |  |  |  |  | X |  |  |  |  |
| Dutch Baby | x | X |  | x | x |  |  |  |  |  |  |  |  |  |
| Croissant | x |  |  | X | X |  |  |  |  |  |  |  |  |  |
| Bali Bowl |  | x |  |  |  |  |  |  |  |  |  |  |  |  |
| Yogurt bowl | X | X |  | X |  |  |  |  |  |  |  |  |  |  |
| Sandwiches |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrot-harissa-hummus | X |  |  |  |  |  |  |  |  | X |  |  |  |  |
| Korean chicken | X |  | x |  |  |  |  |  |  | X |  |  |  |  |
| Indonesian saté (vegan) | X |  | X |  |  | X |  |  |  |  |  |  |  |  |
| Old cheese-farmerscabbagepesto | X | X |  | X |  |  |  |  |  |  |  |  |  |  |
| Tosti kimchi-cheese | X |  | X | x |  |  |  |  |  |  |  |  |  | X |
| Tosti's | X |  |  | X |  |  |  | X | X |  |  |  |  |  |
| Lunchgerechten |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quiche sweet potato-spinach | X |  |  | X | X |  |  |  |  |  |  |  |  |  |
| Buddha Bowl | x |  |  |  |  |  |  |  |  | x |  |  |  |  |
| Red cross: this can't be made glutenfree. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Welcome! We are happy to help and decide! We do not have a separate kitchen en work a lot with gluten and peanut oil and this menu also with peanuts. Traces can never be completely avoided unfortunately!

| Allergen list | gluten | nuts | soy | lactose | egg | peanut | lupin | celery | mustard | sesame | fish | crustaceans | mollucs | sulphite |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| High tea |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Börek | x |  |  | x | x |  |  |  |  | x |  |  |  |  |
| Mushroom-sage-frittata |  |  |  | x | x |  |  |  |  |  |  |  |  |  |
| Cakes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrotcake | X | X |  | X | X | X |  |  |  |  |  |  |  |  |
| Pear-almondcake | X | X |  | X | X |  |  |  |  |  |  |  |  |  |
| Vegan brownie | x |  |  |  |  | X |  |  |  |  |  |  |  |  |
| Cheesecake (dulce de leche) |  | X |  | X |  |  |  |  |  |  |  |  |  |  |
| Vegan bananacake | X |  |  |  |  | X |  |  |  |  |  |  |  |  |
| Oatmeal cookie | x |  | X | x | x |  |  |  |  |  |  |  |  |  |
| Scones | X |  |  | X | X |  |  |  |  |  |  |  |  |  |
| Apricotcake |  | X |  |  | x |  |  |  |  |  |  |  |  |  |
| Coffee crumblecake | X |  |  | X | X |  |  |  |  |  |  |  |  |  |
| Mini's |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Apple crumble pie |  | X |  |  |  |  |  |  |  |  |  |  |  |  |
| Banana blueberry cake | X |  |  |  | X |  |  |  |  |  |  |  |  |  |
| Caramel Shortbread | X |  |  | X | X |  |  |  |  |  |  |  |  |  |
| Cheese with redberry |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Crazy wacky with fig | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Datecake | X |  |  |  | X |  |  |  |  |  |  |  |  |  |
| Matcha cake | X |  |  | X | x |  |  |  |  |  |  |  |  |  |
| Pistachiocake | X | X |  | X | X |  |  |  |  |  |  |  |  |  |
| Vegan blueberrycake | x |  |  |  |  | X |  |  |  |  |  |  |  |  |
| Blondies | X | X | X | X | X |  |  |  |  |  |  |  |  |  |

